



Plan:

- Where will you share this adventure?
- Who can help with this adventure?
- What different kinds of lifejackets and PFD's can you think of? What is the difference between a PFD and a lifejacket?
- How will you test PFD's and lifejackets in the water? What activities can you try?

Do:

- Test a variety of lifejackets and PFD's, and find the one that best suits you!

Review:

- What do you know now that you did not know before?
- What kind of PFD or lifejacket did you like best?
- How did you feel before, during and after this activity?
- How can you build on this experience?
- What did you like about this adventure?

Safety Note:

- Who will watch to keep you safe while you are in the water?
- What safety gear do you need for this adventure?

Online Resources:

- [Lifejacket](#)
- [Lifejacket Sizing](#)
- [Lifejacket Comparison](#)
- [Lifejackets \(Video\)](#)
- [Lifejacket Challenge \(Video\)](#)

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Stay Afloat

MACKENZIE RIVER
Environment & Outdoors



The Adventure:

Adventures on the water are amazing! To stay safe, you must always remember to have the right gear and wear your PFD. With your Troop, find out what PFD is right for you.

Try out different sizes and types of PFD!



Public Safety
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Canadian Safe Boating Council
Conseil canadien de la sécurité nautique



It starts with Scouts.



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